St George BUG – Ride attendance sheet

Date: / / 20 Ride:

Leader: …… Sweep: ……

Name	On-ride mobile phone number	Emergency contact number	Signature	Email *(if new to StGeo BUG)*	Member BNSW?	Covid vaxed?

RISK WARNING:
As a participant in this recreational activity, you may be exposing yourself to a risk of harm. St George BUG, the ride organisers and leaders wish to warn you of the risks and hazards that are an inherent part of cycling, and to take care to prevent putting yourself, your fellow participants and/or others into danger. By signing this form, you agree to ride in a safe and responsible manner, take full responsibility for any children in your care and to obey all Australian Road Rules.

Conditions of participation
St George Bicycle Users Group Ride/Event

Conditions of participation, which you agree to, by giving your signature on the St George Bicycle Users Group “sign on sheet” overleaf.

By participating in this ride, you –
1 agree to abide by the Australian Road Rules, including wearing an Australian Standards AS/NZS 2063 approved helmet at all times while riding
2 agree to obey the directions of any of the Ride Officials (Ride Leader, Ride Sweep)
3 will carry adequate drinking water, wear/carry clothing appropriate to the prevailing conditions of the day
4 will carry adequate items to repair puncture (eg tyre levers, pump, patch kit, spare tube of correct size and a wheel nut spanner or multi-tool) if required
5 are riding a mechanically sound bicycle
6 have fitness and skills needed to complete successfully and safely, the distance of ride
7 have read the above “Risk Warning”
8 have received two Covid-19 vaccinations
9 are carrying proof of your Covid-19 vaccinations and proof of your identity.

I hereby waive all claims, or cause of action which I may be entitled to have against all officers, personnel, officials, organisers and any person whatsoever involved in the St George Bicycle Users Group bicycle ride/event and other participants who may be liable for any damage in respect of any matter whatsoever arising out of/or incidental to the bike ride, whether or not such act or omission by such aforesaid St George Bicycle Users Group personnel is negligent or reckless.

I hereby give my consent for qualified First Aid practitioners to provide First Aid and Ride Officials or others to deliver me for treatment at nearest operating and available medical facility, in case I am injured as a result of bike ride activity or event.

Name	**On-ride mobile phone number**	**Emergency contact number**	**Signature**	**Email** *(if new to StGeo BUG)*	**Member BNSW?**	**Covid vaxed?**